

# *Desayuno*

**06:00 a.m., a 11:00 a.m.**

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## *Para Despertar*

### **Jugos Frescos**

Naranja , Toronja ó Mandarina

### **Plato de Frutas de la Temporada**

Sandia, Melón, Papaya, Piña, servido con Yogurt Natural

### **Suprema de Toronja y Naranja**

Con Queso Cottage y Ciruela Pasa

### **Canasta de Pan**

Una selecta variedad de Pan recién horneado servido

Con Mermelada y Mantequilla

Pan tostado Integral ó Blanco

### **Café, Té, Leche ó Chocolate**

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## *Estación de Huevo*

- Revueltos Naturales
- Revueltos con Jamón ó Tocino
  - Fritos con Tocino
  - A la Mexicana
  - Rancheros
- Albañil con Chile de Árbol

Todos los Platos son acompañados con Canasta de Frijol Refrito y Papa Hash Brown

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## *Especialidades*

### **Sincronizadas de Jamón y Queso**

Servidas con Guacamole y Salsa Mexicana

### **Hot Cakes Glaseados ó Naturales**

### **Bagel de Pechuga de Pavo**

Con Queso Crema, Cebolla, Tomate y Lechuga

# *Comida y Cena*

**11:00 a.m., a 23:00 Hrs.**

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## *Ensaladas*

### **Yucatán**

Pollo, Tomate, Aceitunas negras, tiras de Tortilla, Aguacate, Frijoles negros, queso Cheddar, Lechuga Romana y Aderezo de Chipotle

### **Cancunense**

Pavo, Pimientos rojos, Crotones, Queso Holandés, Lechuga Orejona y Aderezo Cesar

### **Grand Park Royal**

Atún, Tocino picado, Huevo duro, Tomates, Crotones, Aceitunas verdes, Lechuga Iceberg y trozos de Queso Azul con Aderezo Ranch

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## *Sopas*

### **Sopa ò Crema del Día**

Preparada por el Chef

### **Consomé de Pollo**

A la Jardinera con Arroz

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## *Sandwich, Ciabatta y Panini*

### **Ciabatta de Roast Beef**

Lechuga Sangría, Pepino Fresco, Pepinillo agrios y Mostaza Djon

### **Sándwich Vegetariano**

Pan Integral, Lechuga Sangría, Lechuga Orejona, Tomate, Queso Panela Germinado de Alfalfa, Aguacate y aderezo de Yogurt con Menta

### **Panini de Salami**

Queso Crema, Salsa Pesto y Aceite de Romero

### **Panini de Lomo**

Queso Suizo, Lomo Canadiense, Lechuga Sangría, Mayonesa y Mostaza

### **Ciabatta de Pavo**

Pechuga de Pavo en Escabeche

### **Hamburguesa de Res con Queso**

Con Papas a la Francesa

# *Menu Nocturno*

**23:00 p.m a 06:00 a.m.**

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- **Baguett de Jamon y Queso**

Servido con papa Saratoga

- **Hamburguesa con Queso**

Servido con papa Saratoga

- **Hot Dog con Tocino**

Servido con Cebollas Asadas

- **Sándwich de Queso a la Parrilla**

Servido con papa Saratoga

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## **Postres**

Todo el Día

- **Pastel de Chocolate**

- **Pastel de Queso**

- **Café, Té, Leche ó Chocolate**

# *Breakfast*

**06:00 a.m., a 11:00 a.m.**

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## *To Start*

### **Fresh Juices**

Orange , Grapefruit or Mandarin

### **Seasonal Fresh Fruit Plate**

Watermelon, Cantaloupe, Papaya, Pineapple, served with Yogurt

### **Grapefruit or Orange Supreme**

Served with Cottage Cheese and Prune

### **Sweet Bread Basket**

Assorted home made sweet bread served with  
Marmalade and Butter  
Basket of toast Bread

### **Coffee, Tea, Milk or Chocolate**

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## *Eggs at your Choice*

- Scrambled
- Scrambled with Ham or Bacon
  - Fried with Bacon
- Scrambled Mexican Style
  - Rancho Style
- Scrambled in Pasilla Sauce

All Dishes are Accompanied with Refried Beans, Hash Potato and Toast Bread.

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## *Specialties*

### **Ham and Cheese Sincronizadas**

Flour Tortillas filled with Ham and Cheese served with Guacamole and Mexican Salsa

### **Pancakes**

Plain or Powdered sugar

### **Turkey Ham Bagel**

With Cream Cheese, Chopped Onions, Tomatoes and Lettuce

# *Lunch and Dinner*

**11:00 a.m., a 23:00 Hrs.**

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## *Salads*

### **Yucatan Salad**

Chicken, Tomato, Black Olives, Tortilla Strips, Avocado, Black Beans, Cheddar Cheese, Romaine Lettuce and Chipotle Dressing

### **Cancun Salad**

Turkey, Red Bell Peppers, Croutons, Holland Cheese, Lettuce and Caesar Dressing

### **Grand Park Royal Salad**

Tuna, Chopped Bacon, Hard Boil Eggs, Tomatoes, Croutons, Green Olives, Iceberg Lettuce, Bleu Cheese and Ranch Dressing

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## *Soups*

### **Soup or Cream of the Day**

Made by the Chef

### **Chicken Consommé**

With Vegetables or Rice

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## *Sandwich, Ciabatta and Panini*

### **Roast Beef Ciabatta**

Lettuce, Cucumber, Pickles and Dijon Mustard

### **Vegetarian Sandwich**

Wheat bread, Sangria Lettuce, Lettuce, Tomato, Fresh white cheese Alfalfa Sprouts, Avocado and Mint Yogurt

### **Salami Panini**

Cream Cheese, Pesto sauce and Rosemary oil

### **Canadian Bacon Panini**

Swiss cheese, Canadian bacon, Lettuce, Mayonnaise and Mustard

### **Turkey Ciabatta**

Pickled Turkey Breast

### **Cheeseburger**

Served with French fries

# *Late Menu*

**23:00 p.m to 06:00 a.m.**

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- **Ham and Cheese Baguette**  
Served with Potato Chips

- **Cheeseburger**  
Served with Potato Chips

- **Bacon Hot Dog**  
Served with Grilled Onions

- **Grilled Cheese Sandwich**  
Served with Potato Chips
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## **Desserts**

All Day Long

- **Chocolate Cake**

- **Cheese Cake**

- **Coffee, Tea, Milk or Chocolate**

# *Café da Manhã*

**06:00 a.m., a 11:00 a.m.**

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## *Despertar*

### **Sucos Frescos**

Laranja , Toranja ó Tangerina

### **Prato de Frutas da Época**

Melancia, Melão, Mamão, Abacaxi, servido com Iogurte

### **Toranja o Laranja**

Com Queijo Cottage y Ameixa seca

### **Cesta de Pão Doce**

Cesta de Pão Doce Feito em Casa

Servido com Manteiga e Geléias

Pão Torrado Integral, Branco

### **Café, Chá, Leite ó Chocolate**

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## *Estação de Ovo*

- Ovos Mexidos
- Ovos Mexidos com Presunto ó Bacon
  - Ovos Fritos com Bacon
  - Ovos A lá Mexicana
  - Ovos Rancheiros
- Ovos com Molho Apimentado

Todos os pratos são servidos com feijão e croquete de batata

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## *Especialidades*

### **Sincronizadas com Presunto e Queijo**

Servidas com Guacamole e Salsa Mexicana

### **Pancakes Glaseados ó Natural**

### **Bagel de Peito de Peru**

Com Queijo Creme, Cebola, Tomate e Alface

# *Almoço e Jantar*

**11:00 a.m., a 23:00 Hrs.**

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## *Saladas*

### **Yucatán**

Frango, Tomate, Azeitonas Pretas, Tortilla, Abacate, Feijão Preto, Queijo Cheddar, Alface e Molho de Chipotle

### **Cancunense**

Peru, Pimentão Vermelho, Croutons, Queijo Holandês, Alface e Molho Caesar

### **Grand Park Royal**

Atum, Bacon, Ovo cozido, Tomates, Croutons, Azeitonas verdes, Alface, Queijo Azul e Molho Ranch

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## *Sopas*

### **Sopa ou Creme do Dia**

Preparadas pelo nosso Chef

### **Sopa de Frango**

Com Legumes ou Arroz

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## *Sandwich, Ciabatta y Panini*

### **Ciabatta de Roast Beef**

Alface, Pepino Fresco, Picles y Mostarda Djon

### **Sanduiche Vegetariano**

Pão Integral, Alface, Tomate, Queijo Panela  
Brotos de Alfafa, Abacate y Molho de Iogurte com Hortelã

### **Panini de Salame**

Queijo Crema, Molho Pesto y Óleo de Alecrim

### **Panini de Lombo**

Queijo Suíço, Lombo Canadense, Alface, Maionese y Mostarda

### **Ciabatta de Peru**

Peito de Peru Marinado

### **Hambúrguer de Carne com Queijo**

Com Batatas Fritas



# Noite

23:00 p.m a 06:00 a.m.

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- **Baguett de Presunto y Queijo**  
Servido com Batatas Saratoga

- **Hambúrguer de Carne com Queijo**  
Servido com Batatas Saratoga

- **Cachorro-quente com Bacon**  
Servido com Cebolas Grelhadas

- **Sanduiche Queijo Quente**  
Servido com Batata Saratoga

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## Sobremesa

Todo o Dia

- **Bolo de Chocolate**

- **Bolo de Queijo**

- **Café, Chá, Leite ó Chocolate**